

# CERTIFICATE OF PARTICIPATION

This is to certify that

**Nick Sfarnas**

Has successfully participated & completed the  
**8km Shift Wellness - Trail Run, The Shift Series**

held at Walter Sisulu Garden.

**TIME 02:09:02**

**PACE 16:06/km**  
**OVERALL 143 of 166**

**GENDER 70 of 78**  
**50 - 59 8 of 11**

23 June 2019, Sun

Date



*BoutTime*

Signature

